

Members,

You may have noticed we have introduced the Phillipino Martial Art of Kali into some of our training mainly at the advanced levels. The style which we have been training is called Pekiti Tirsia Kali which is one of the oldest and preserved styles.

We have been fortunate enough to have been guided by Grand Tuhon Supremo Leo Gaje and his Son Grand Tuhon Leo Aguilar Gaje (GTM). Grand Tuhon Supremo's (GTS) Grandfather was the founder of this style whom he passed onto him and now only teaches this art to limited associates.

We are fortunate to be a part of this art and the only Australian Representatives approved by Grand Tuhon Supremo to be authenticated.

The art blends in well with our Karate training and offers the ability to combine both arts in delivering a complete system.

We are still a traditional Karate school however also training in this "combat" art provides the opportunity to further explore a reality based training method.

Next year we have been offered the opportunity to be trained directly by GTS and his son through a series of basic classes consisting of 4 weekly sessions. After completion of this training you shall be elevated to the intermediate level.

You must complete the basic course in order to be eligible to train in the intermediate class.

The basic course has a cost of \$200 for the 4 sessions with the intermediate sessions free.

This training would suit students of the age of 11 Years and older.

It is open to any students outside the club. This is combat training whereby the student is taught to defend themselves against multiple attackers who may be using weapons.

The art teaches weapons (Espada y Daga) based training, empty hands (Mano Mano) and Grappling (Dumog). This is the only style taught to various police authorities, defence personnel and security staff.

If you would like to book email: info@nskarate.com.au or call/sms: 0407 542 953

The sessions will be held on a Friday evenings as follows: Next Sessions

Fridays	8 January	15 January	22 January	29 January
Basic (\$200) only require 4 Sessions before progressing to intermediate	5:00pm - 6:30pm	5:00pm - 6:30pm	5:00pm - 6:30pm	5:00pm - 6:30pm
Intermediate (Free)	6:30pm - 8:00pm	6:30pm - 8:00pm	6:30pm - 8:00pm	6:30pm - 8:00pm